**Goals of Care Medication Review: Control of Clinical Issues & Symptoms**

**Example of Use**

|  |  |  |  |
| --- | --- | --- | --- |
| **Clinical Issues/Symptoms** | **Agents/Factors** | **Actions** | **Monitoring/Impact of Change** |
| *Including symptoms, function, health care, & cognitive burden* | *Medications* | *Actions to address clinical issues/symptoms* | *Results of actions taken* |
| **Orthostatic Hypotension** | AC = Oxybutynin\*  Fluoxetine + BP Meds | **STOP** - Oxybutynin, HCT  **TAPER to D/C** - Metoprolol (AC), Fluvoxetine | No orthostatic BP drop  Feels more stable |
| **Fall** | Above meds  Temazepam | **+REDUCE** - Temazepam | No falls |
| **Reduced mobility** | Simvastatin  Omeprazole  Alendronate | **STOP** - Simvastatin, Alendronate  **Taper to D/C** - Omeprazole | Moving around better |
| **Constipation** | Calcium\*  AC - Oxybutynin  Fluoxetine | **STOP** - Calcium, Oxybutynin  **Taper to D/C** - Fluoxetine | Constipation resolved |
| **Mild memory loss** | CNS (Fluoxetine, Temazepam)  AC (Oxybytinin, Metorpolol) | CNS meds  Metoprolol  Oxybutynin as above | Feels clearer |
| **Drug-Drug Interaction**  **Drug cascade**  **Prevention** | Ibuprofen and BP med  Lactulose  Aspirin | **STOP** - Ibuprofen  **REVIEW** - Lactulose  **STOP** - Aspirin  **ONLY DRUGS LEFT**:  Vit D, Enalapril, Acetaminophen, Temazepam (reduce) |  |