

# P.I.E.C.E.S.<sup>TM</sup> Assessment

<b>1. What has changed?</b> What is the behavioral concern? Is it a change for this person because it is new? When did it emerge? Did the behavior already exist? If so, is it worse or different and when did the change emerge?		
<b>2. What are the RISKS and possible causes?</b>		
➤ <b>RISKS – What is the degree of risk?</b>		
<b>R Roaming/ Wandering</b>		
<b>I Imminent Physical Risk</b> (frailty/falls, fire, firearms)	History of delirium?	
<b>S Suicide</b> (expressed thoughts, plan, history)		
<b>K Kinship Relationship</b> (risk of harm to the person or to others)		
<b>S Self Neglect</b> (substance use/misuse)		
➤ <b>Possible CAUSES – Think P.I.E.C.E.S.<sup>TM</sup></b>		
Physical	<b>Delirium:</b>	History of delirium?
	<b>Disease:</b>	
	<b>Discomfort:</b>	Assess behaviour for signs of <b>PAIN</b>
	<b>Disability:</b>	
	<b>Drugs:</b>	

<b>I</b> <b>Intellectual</b>	Amnesia (memory) Aphasia (language) Agnosia (recognition) Apraxia (perform task) Anosognosia (insight) Altered perception Apathy	
<b>E</b> <b>Emotional</b>	Irritability, withdrawal, loss of interest, loss of engagement in recovery, appetite and sleep disturbances, delusions, hallucinations, psychosis, depression and suicide.	
<b>C</b> <b>Capabilities</b>	What are the person's functional abilities? Consider: <ul style="list-style-type: none"> <li>• Eating</li> <li>• Hygiene/grooming</li> <li>• Dressing</li> <li>• Toileting</li> <li>• Ambulation/transfers</li> <li>• Sleep</li> </ul>	
<b>E</b> <b>Environment</b>	Environmental trigger: <ul style="list-style-type: none"> <li>• Over (under) stimulation, relocation, privacy, use of restraints, lighting, colours, patterns)</li> <li>• Need environmental cues (e.g., signs for bathroom)</li> </ul>	
<b>S</b> <b>Social</b>	<ul style="list-style-type: none"> <li>• Values, wishes, beliefs, life story, social network, culture, spiritual, family relationships</li> <li>• Past memories bring joy, a sense of pride</li> <li>• Traumas</li> </ul>	
<b>3. What is the ACTION?</b>		
<ul style="list-style-type: none"> <li>➤ <b>Investigations/Interventions:</b></li>   <li>➤ <b>Interactions:</b> (What are the care approaches that best address the needs/values/wishes of the person?)</li>   <li>➤ <b>Information:</b> (How will the information be shared as a TEAM?)</li> </ul>		