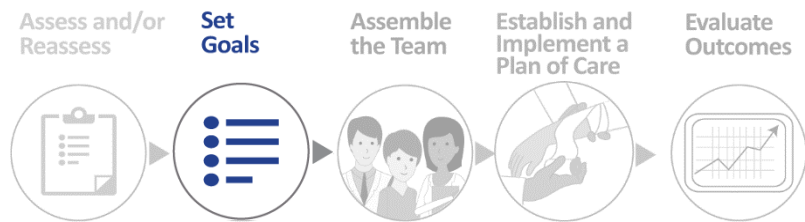


# Set Goals

## Wounds Prevention and Management Cycle

### Tip Sheet



## Set Goals

Determine the goals for wound care in collaboration with the client and other team members. This can include prevention, healing, maintaining, and managing symptoms/monitoring. It is important to address any quality-of-life factors identified by the client, as a part of the goals of care.

Prevention of wounds may include:

- Determining risk, by completing risk assessments such as Braden risk assessment, malnutrition, and diabetic foot screening.
- Implementing an appropriate skin care routine to support skin resilience and reduce the potential for injury.
- Providing client, family and caregiver education and support for skin monitoring and care.
- Ensuring adequate nutrition and hydration, and optimizing the client's health status.

Wound healability will directly inform the healing goals to:

- Heal a healable wound
- Maintain a non-healing wound
- Monitor and manage a non-healable wound

Quality of life goals may include:

- Pain management
- Improved social interactions
- Decreased medical interactions
- Odour and drainage management
- Ability to return or maintain work and school commitments